



**CFPOA QUARTERLY BOARD MEETING 12/5** - The next quarterly Board Meeting of the Connestee Falls Property Owners Association will be held on Tues., Dec. 5 at 3 pm in the Cherokee Room. If you are not available to attend the meeting in person you may view the meeting by going to <https://www.youtube.com/@connesteefallsmeetings9341>.

**NATURAL RESOURCES STEWARDSHIP COMMITTEE** - The NRSC has an opening for an alternate committee member for a term of one year. It's desirable that prospective member applicants have a background and a demonstrated interest in the areas related to natural resource management and/or planning. Past or present service on a CFPOA committee or one of Connestee's natural resource related clubs is also desirable. CFPOA members interested in applying may email an expression of interest with a summary of qualifications to [cfpoa@connesteefalls.com](mailto:cfpoa@connesteefalls.com) no later than Friday, December 1, 2023.

**GENEALOGY DISCUSSION GROUP 11/17** - The Genealogy Discussion Group will meet on Friday, November 17 at 3 PM in the Trophy Room. Topic: Searching with wildcards.

**CF KIDS CLUB 11/17** - Join us 11/17 from 6pm-7:30pm in the Cherokee Room for movie night! Bring your blankets and stuffed animals as we enjoy popcorn and watch together. Movie TBD. 12/16 from 12pm-3pm join us in the Cherokee Room for our Holiday Family Celebration. We'll have a buffet lunch and celebrate the end of another great year with cookie decorating, a Christmas craft and a visit from Santa! Please RSVP to [connesteefallskidsclub@gmail.com](mailto:connesteefallskidsclub@gmail.com)

**Quilters 11/27** - Our next meeting will be on Mon., 11/27 at 1 - 3 pm in the Lower Exercise/Meeting Room. Leave no scraps behind! Join us for a presentation on several projects that use up those Christmas fabric scraps. Please bring your projects for Show & Tell. Everyone is welcome, from the newest to most experienced quilters. For more information, contact Patti Stevens ([stevens.patti8@gmail.com](mailto:stevens.patti8@gmail.com)) or Julia Ross ([critterross@aol.com](mailto:critterross@aol.com))

**Craft Beer Social 11/19**- Sunday, November 19 at 4 PM. Please note our location is The Barn (next to the dog park). Bring a Craft Beer to share. A 6 pack or growler is plenty. And we send you home with the leftovers. Not a beer drinker, BYOB. Snacks are welcome too.

**MOUNTAIN CHORAL ENSEMBLE (formerly the Connestee Chorale)**- Begin the Christmas season by attending "Christmas is Coming," presented by the Mountain Choral Ensemble (formerly the Connestee Chorale). Concert dates are: Thurs., Nov. 30<sup>th</sup> (7:30 pm), Fri., Dec. 1<sup>st</sup> (7:30 pm) and Sun., Dec. 3<sup>rd</sup> (3:00 pm). All concerts are held in the Cherokee Room. The program will include traditional Christmas carols with a contemporary flavor as well as pop, country, and jazz songs performed by the Mountain Choral Ensemble, small groups, and soloists. The orchestra will play well-known Christmas music before the concert begins, during intermission, and a special arrangement during the program. Residents may call Ann Grant at 885-2488 to purchase tickets from Nov-17-27. Tickets for Adults: \$20. On Sun., Dec. 3, tickets for children 12 and under are \$5. Member charge only.

*Dining*

Takeout Orders call 828-885-7767

- GRILL -

11 am-4 pm

Food Service 11 am-3 pm (Monday-Sunday)

- BLUE RIDGE LOUNGE -

Bar 4-8 pm

Food service, including take-out pizza 5-8 pm (Mon, Thurs, Fri & Sat)

- OVERLOOK -

5-8 pm Mon, Thurs, Fri & Sat

*Reservations for the Overlook Dining Room are preferred, but not required. First come, first served in the Grill for lunch & the BRL for dinner.*

**Thurs. Nov. 16 is Thurs. Night Social & Buffet. Dinner dining options will be Pizza, 5-8 pm OR Buffet 6-7 pm**

11/18 - Fine Line Band (R&R)

11/25 - Ellen, Howie & Woody (Pop, R&R)

12/2-ALR Trio (Rock)

12/9-Shades of Gray (Classic Rock)

12/16 - Bill Berg Quartet (Jazz)

**Golf Shop**

- PRO SHOP -

8 am-4 pm

First tee time scheduled for 9 am. Any frost delays will be managed accordingly.

Golf cart returns by 6 pm.

*Check in for rounds inside the Pro Shop*

- LADIES 18 HOLE LEAGUE -

For info, call Kay Campbell, 828-273-1909 or Sue Bachman, 301-712-7464, or call the Pro Shop at (828) 885-2005.

- LADIES 9 HOLE LEAGUE -

For information, email Judy Merrifield [judithmary116@gmail.com](mailto:judithmary116@gmail.com)

- NON-GOLFING WALKERS -

Paths open before 9 am & after 4pm.

Begin at the golf course parking lot. Walk in direction of play.

-Driving range closed Mon. mornings-9:30-10:30 am for maintenance.

**DECEMBER 2023 & JANUARY 2024 CONNESTEE FALLS NEWS DEADLINES**

- The deadline for the December 2023 issue of the *Connestee Falls News* (our monthly e-publication) is Mon., 11/27. The deadline for the January 2024 edition will be a week earlier than normal. The deadline will be Mon., 12/18. I would like to have it published by Fri. 12/22. Articles and photographs should be submitted by email to [cfpoa@connesteefalls.com](mailto:cfpoa@connesteefalls.com).

**PICKLEBALL** - New to Connestee Falls Pickleball and want to know how to get started? Call Debbie Dove, New Member

Ambassador at 561-358-8967. \*Are you living in Connestee as a homeowner or renter, and want to play? Join All Play: MWF 9-11am, TTH & SA 11 am-1 pm, SU 1-3pm Walk Ons may use Courts 5 and 6: Except during All Play and when otherwise reserved by the Pickleball Club for special events and activities. \*Need an introductory lesson? Call Karen Wolf at 828-450-1616. Lessons are \$5 per person. \*Are you a novice player? (below 3.0) and want to enjoy some facilitated play? Join us on Mondays and Thursdays on court 6 during All play or Tuesdays 3-5 pm on courts 5 and 6, no sign up necessary! \*Need something else? Email Pickleball Chairperson Leanne Ely at [lulucooks@gmail.com](mailto:lulucooks@gmail.com).

**TENNIS-** New players welcomed! Please provide your name, email and phone number to [Conesteeffallstennis@gmail.com](mailto:Conesteeffallstennis@gmail.com). Remember to be courteous after play by sweeping the court/lines and lower the umbrella.

**CONNESTEE ACOUSTIC MUSIC GROUP** - All Connestee acoustic musicians and singers are welcome to participate in informal sessions. A chartered group, playing a variety of music every Friday, 2 to 4 in the clubhouse lower-level exercise room. For more info contact Kevin Connelly, [kowheadzine@gmail.com](mailto:kowheadzine@gmail.com)

**THURSDAY MAHJONG GROUP** meets every Thurs. from 1-3:30 pm in the Carolina 2 room in the clubhouse. Please text Debbie at 407-864-0726 each week you can play so that we have a sufficient number of Mahjong sets.

**LINE DANCE** - Tuesday morning in the Cherokee Room at 10 am.

**PHOTO CALENDARS HERE!** -The Fishing Club's 2024 Connestee photo calendars are now available, featuring beautiful Connestee scenes by our own residents and friends. Order here now by clicking <https://www.cffishclub.org/2024-calendar-order/>. Or go to our website, [cffishclub.org](http://cffishclub.org), and find the order form under "News & Events." Or buy in person at CFPOA Admin. \$15 for the first, \$10 for additional ones. If purchased using the order form, free delivery to a Connestee home, or mailed to any U.S. address for \$3 per calendar. In full color and entitled, "Connestee's Beauty for All Seasons," they make memorable holiday gifts.

**CFPOA ANNUAL EMPLOYEE HOLIDAY FUND** - If you would like to make a seasonal donation to our Annual Employees Holiday Fund, you may do so by going to an online form at <https://www.surveymonkey.com/r/LFP6K7X> to have it charged to your CFPOA account. Funds will be distributed to employees the week before Thanksgiving.

**THURSDAY MEET UPS** - Join the Connestee Falls Women's club, one of the oldest clubs in CF, Thursdays at 4 pm for the weekly 'Meet Up' at Cedar Mountain Outpost, 8431 Greenville Hwy! This is a very informal "come as you are". You don't need to dress up, bring anything or make a reservation. Just grab a seat, the beverage of your choice, and settle in to chat & unwind with friends. All Connestee women are welcome.

**GOOD NEIGHBORS LENDING CLOSET 885-8376 TUESDAYS AND THURSDAYS BY APPOINTMENT ONLY** - Do you need medical supplies following a recent surgery or hospital stay? Lending Closet has wheelchairs, walkers with 2 wheels or 4-wheels with brakes, knee scooters, shower chairs and crutches. Or maybe the grand kids are visiting and you need a high chair or pack n'play crib? Lending Closet has these and more ! Please plan ahead, the Lending Closet will be closed on Thanksgiving Day. You must call between 10 am and 2 pm on any Tuesday or Thursday. The Daily Volunteer will be happy to arrange to meet you at the Lending Closet, usually after 2:30 on that same day.

### Wellness Center

Open daily 5am-10pm  
Erik is available Mon-Fri 6am-3pm.  
Guests & non-members \$10 per day  
(Please limit workouts to 1 hour).  
*All, please clean up after your workout.*

(ER- Exercise Rm, AP-Atagahi Park)

-**Body Weight with Anne** -

Mon. 8 am & Wed. 9 am (ER)

- **STRETCH & BALANCE with Erik**-

Tues. & Thurs. 9 am (ER)

-**GENTLE FLOW** -

Mon. at 9 am (ER)

- **TOTAL BODY WORKOUT with Erik** -

Tues & Thurs at 8am (ER)

-**YOGALATES** -

Wed. at 11:10 am (ER)

-**CIRCUIT CITY with Erik**-

Friday at 8 am (ER)

**GENTLE YOGA** -

Wed at 10 am (ER)

- **YOGA** -

Fri at 9:30 (ER)

*Classes are first come, first serve.*

*No registration needed.*

### DAYTIME CARPOOLING FROM THE ADMINISTRATION OFFICE

- Due to the number of meetings we are currently having at the Administration Office, we must ask that leaving your car at the admin for carpooling purposes only be done on weekends or during the week after 5 pm. Thank you for your cooperation.

### MATCHING DONATION DRIVE TO BENEFIT THE CF STUDENT SCHOLARSHIP PROGRAM

- The CF Women's Club will match the first \$500 in total donations to the CF Student Scholarship Program through December 15, 2023. To contribute and have your donation matched, email your name, donation amount, and member number to: [connesteefallswc@gmail.com](mailto:connesteefallswc@gmail.com). Thank you for your contribution!

### BARCODE REMINDER

- The Administration office staff is not able to place barcodes on your vehicle when it is raining out. Your windows need to be dry for the barcode to adhere. Only Administrative Office staff may place a barcode on your vehicle we cannot give one to you so that you can put it on when it is not raining.

### SNOW BIRD HABITAT FROM THE NRSC AND NC STATE EXTENSION

- Did you know that North Carolina's year-round resident birds are joined by short-distance fall migrants, which primarily eat fruits and seeds that persist on plants or on the ground? As migrant birds including cardinals, chickadees, juncos, robins, and sparrows, fly south they seek out high energy fruits. If you love birds, the best

way to support them is to provide a variety of native food producing plants in your yard. Include early- and late-fruiting species along with plants that produce winter seeds. If possible, leave a portion of your yard or garden unmanicured to allow fruit- and seed-producing plants to grow, especially during late summer, fall, and winter. To learn more about how to create a native landscape for year round bird habitat, visit <https://content.ces.ncsu.edu/managing-backyards-and-other-urban-habitats-for-birds>

**TROUT LOVE COLD WATER!** - So as our lakes cool down for the winter and our trout become more active, it's a good time to try for a \$100 prize in the Fishing Club's Brown Trout Contest, open to anyone with a CF fishing license. Colorful brownies remain among the rainbows in Lakes Atagahi, Ticoa and Wanteska; catch one and you get a \$100 clubhouse credit plus a certificate. Just keep the fish, take a picture and report it on the Club's website, [cfishclub.org](http://cfishclub.org), or email details to [contact@cfishclub.org](mailto:contact@cfishclub.org). A photo must be provided.

**FROM THE ADMIN. OFFICE** - Due to staffing shortages the Admin Office will be closed for lunch from noon to 1 pm until further notice.

**-CLASSIFIEDS-**  
**-For Sale-**  
 Korg digital keyboard w/88 weighted keys. Matte black w/stand, cover & Roland amp. Owned by Mtn Choral Ensemble (Connestee Chorale), \$500. Call Mary Alice McBrayer, 828-862-6596

**-Interested in Playing Gin Rummy?-**  
 I'm organizing a group at the clubhouse. If interested, send an email and include days & times you available to play to [skf104@hotmail.com](mailto:skf104@hotmail.com)

**-Join In!-**  
 Provide Thanksgiving Dinner for Davidson River school students/staff. DRS Strong supports student enrichment. Details on Nextdoor.

