#### Gifts, Shops, Art & Antiques

A Gardener's Cottage & Brass Latch - 181 Main St. (Nostalgia Courtvard), 749-4200

eArthly Minds Gallery - 19 Pearson Falls Rd., (Nostalgia Courtyard) 769-9063, earthlymindsgallery.squarespace.com Heartwood Gallery - 21 E Main St., 749-9365.

heartwoodsaluda.com

M. A. Pace General Store - 60 E Main St., 749-2401 Mewdlic's Tea & Spices - 171 E. Main St., (Nostalgia Courtvard) 769-9036, mewdlic.com

Mineral Spirits Rock Gallery - 38 E Main St., 749-4420,

mineralspiritssaluda.com

River Dog Run Vintage Artspace - 46 E Main St., 551-1461 Saluda Moon Glass Studio - 24 W Main St., 937-623-1998 Saluda Outfitters - 435 E Main St., 848-4060.

saludaoutfitters.com

Somewhere In Time - 70 E Main St., 749-1514 The Dressing Room - 137 E Main St., 749-9555 The Thrifty Barn - 64 Greenville St. (Saluda Ctr.), 749-9245 Wood Berry Gallery - 66 E Main St., 769-9034, woodberrygallery.net

#### **Lodging & Accommodations**

Cabin Fever - 7337 Spartanburg Hwy, 800-767-7368 or 800-SOS-RENT. cabinfevernc.com

Charles Street Garden Suite - 76 Charles St., 749-5846. charlesstreetgarden.com

The Orchard Inn - 100 Orchard Inn Lane (Hwy 176), 800-581-3800, orchardinn.com

Orchard Lake Campground - 460 Orchard Lake Rd... 749-3901, orchardlakecampground.com

The Saluda Inn - 229 Greenville St., 388-9027,

thesaludainn.com

Saluda Mountain Lodge - 1793 Holbert Cove Rd., (I-26 at

Exit 59), 749-4951, saludamountainlodge.com Sandy Cut Cabins - Pearson Falls Rd., 749-4689,

sandvcutcabins.com Saluda Sun Rentals - 451 Corsica Ln., 808-3594, airbnb.com/users/show/3518696

(Search Airbnb & VRBO for single family rental options)

#### ATM

Main Street - at the corner of Church & Main

### Professional Services

Adventure Cycles Repair - 160 W US 176, 817-1892. adventure-cycles-nc-llc.business.site C&D Auto Repair - 2108 Holbert Cove Rd., 749-3621 Gentle Hands Pet Grooming - 156 W Main St., 749-3280 Hamilton Automotive - 1346 Ozone Dr. 749-0145

#### **Outdoor Adventures & Recreation**

The Gorge A Zipline Canopy Adventure - 166 Honey Bee Dr. A. 749-2500, thegorgezipline.com Green River Adventures - 111 E Main St., 749-2800, greenriveradventures.com

Green River Cove Tubing - 5200 Green River Cove Rd.. 749-378, greenrivercovetubing.com

**H2O Dreams Paddling School** - 571-0276,

h20dreams.com

Living Waters Tubing - 5153 Green River Rd., 749-0147, livingwaterstubing.com

Pearson's Falls and Glen - 2748 Pearson Falls Rd... 749-3031, pearsonsfalls.org

Silver Creek Tubing - 5260 Green River Cove Rd., 800-510-1603, silvercreektubing.com

Wilderness Cove Tubing & Camping - 3772 Green River Cove Rd., 749-9100, nctubing.com

Hiking Trails in Polk County - polktrails.org/trails

### **Healing & Wellness**

Autumn Care of Saluda Skilled Nursing and Senior Rehabilitation Services - 501 Esseloa St., 749-2261, saberhealth.com/locations/autumn-care-of-saluda Botanica Belize Wildcrafted Skincare Holistic Aesthetic Spa & Shop, 577-8660, botanicabelize.com Carolina Bodywork, LMBT, Massage Therapy - 212 S Grove St., Hendersonville, 817-0083, carolinabodywork.com Cassandra Nelson, LMBT, Yoga & Massage - 64 Greenville St. (Saluda Center), 864-326-8923 Deb Phillips, LCSW & Jim Hall, PhD, Mental Health Service, 749-3003

Essential Elements Massage & Bodywork, LMBT - 31 Pearson Falls Rd., 749-1197, saludamassage.abmp.com Feldenkrais Saluda - 27 Pearson Falls Rd., (Nostalgia Courtyard), 864-918-9281, feldenkraissaluda.com Orchard Inn Spa Services - 100 Orchard Inn Lane (Hwy 176), 749-5471, orchardinn.com/spa-services **Saluda Acupuncture - 828-490-1941**, saludaacupuncture.com

Saluda Center, 64 Greenville St., 749-9245 Saluda Family Medicine - 1347 Ozone Dr., 749-0149 Saluda Healing Center - 43 Pearson Falls Rd. (Nostalgia Courtyard), 749-3875

Tickle Family Health Center & Spa - 438 E Hwy 176, 749-3434

Way2HealthMD - Dr. Lisa Broyles, 749-0519, wav2healthmd.com

# **Real Estate & Property Management**

Beverly-Hanks Saluda - 153 E Main St., 749-3504. beverly-hanks.com/offices/Saluda

Looking Glass Realty. 108 E Main St., Amy Wood 828-713-2222

Mark Lauer Realty - 438 US-176, 808-2976

Morgan & Associates, Realty & Auction Services - 70 E Main St., 777-9158

Mountain Life Realty & Management, Inc. - 38 E Main St. 749-4420

#### **Artists**

Saluda is proud of its rich art culture and is home to many artists, some of whom are internationally acclaimed. Please contact them directly to schedule studio visits.

Chad Blotner Photography & Gallery - 78 E Main St., 817-8734, chadblotnerphotography.zenfolio.com Jim Carson - 20 Main St. #2, 749-3702, iimcarson.net Mark Gardner - 674-0768, markgardnerstudio.com Anne Jameson - annejamesonfineart.com William Jameson - 843-729-0593, williamiameson.com Robin Kirby Pottery - 749-3723, robinkirbypottery.com Dale McEntire- 749-1402, dalemcentireart.com Hannah Seng - hannahseng.com

#### **Public Information - Phone Numbers**

Saluda Elementary School - 894-1040 Saluda Public Library - 749-2117 Saluda Police Station - 749-2691 Saluda City Hall - 749-2581 Saluda Vol. Fire Dept. - 749-9816 Saluda Post Office - 749-5921

Keep up to date with Saluda events and happenings by signing up for the Saluda Lifestyles, an online newsletter delivered to your inbox. Email saludalifestyles@gmail.com to subscribe.

## This directory is published by:



This directory is a public service provided by Amy Wood for her clients and the general public. Please contact me if you would like to be added or removed from this publication. Special thanks to **Cathy Jackson.** a champion of Saluda who created and published this document from 2014 to 2019.

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# EAT, STAY, PLAY



# **Annual Calendar of Events**

Jerry's Baddle - 3rd Saturday (Duathlon requires Class V kavaking) Saluda Train Tales - 3rd Fridays, March - Dec

#### MAY

Saluda Tailgate Market - Fridays, May - Oct. Spring Green Bash - 1st Saturday (Hosted at Green River Adventures) Saluda Arts Festival - 3<sup>rd</sup> Saturday (Fine artists and skilled craftspeople) **Green River Games** - 3<sup>rd</sup> Saturday (Extreme multisport event)

#### JUNE

Top of the Grade Concerts - 2<sup>nd</sup> Fridays, June - September

#### JULY

Coon Dog Day - 1st Saturday after July 4 (Homecoming & celebration for dogs & their people! Food, music, parade, crafts, & more!)

#### **NOVEMBER**

Green Race - 1st Saturday (Largest extreme kayak race in the world)

#### **DECEMBER**

Hometown Christmas - 2<sup>nd</sup> Friday (Downtown stroll, open houses, & music)

Looking Glass Realty. preserving what we love! Corporate Sponsor of the Saluda Community Land Trust.



# SALUDA, NC

# Historic Victorian Mountain Village, Where the Foothills End and the Blue Ridge Begins.

When you discover Saluda, be ready to be amazed by its authentic small-town charm, its casual pace, and gracious community spirit. Stroll leisurely among tree-lined streets of lovely Victorian homes and browse the many distinctive shops, art and craft galleries, and delicious restaurants along historic Main Street. Walk into its century-old general stores, and get a whiff of glossy oil-stained, heart pine floors stirring up memories of times gone by. Get out and play in Saluda and enjoy all the outdoor adventures it has to offer, including parks, walking tours, hiking, road biking, swimming, fishing, camping, zip-lining, and whitewater adventures in the Green River Gorge. Stay at one of the many B&B's, mountain lodges, cottages, or cabins.

Since the turn of the 20<sup>th</sup> century, Saluda has been a favorite mountain destination to escape sweltering summer heat or a respite from the hectic pace of life. Nestled at the beginning of the Blue Ridge Mountain range, Saluda is a great place to enjoy seasonal beauty throughout the year.

#### **Points of Interest**

Discover the many wonderful things to see and do in and around the Saluda area. From a leisurely stroll, to enjoying art, culture and history, to adrenaline-rich outdoor pursuits, Saluda offers something for everyone.

Saluda Visitors Center - Located in the heart of downtown, next to the Saluda Historic Depot, is Saluda's charming Visitors Center. Make a quick stop and pick up information about restaurants, lodging, unique shops, walking tour maps, and other information about Saluda. Restrooms available.

Saluda Grade Historical Marker - the Saluda Grade

is the steepest standard gauge main-line railroad grade in the USA. Saluda sits at the crest of this grade and draws many railroad enthusiasts and historians.

**Historic Downtown Main Street** - Downtown is three blocks of century-old establishments on the National Register of Historic Places. Visit distinctive

shops, art and craft galleries, restaurants, bakery, coffee shops, brew depot, and antique stores. **Historic Thompson's Store and Ward's Grill** - Oldest general store in NC and grill still owned and operated by the Ward and Thompson families since the turn of the 20th century.

M.A. Pace General Store - 100+ year-old general store, hardware, and museum of times gone by. Saluda Historic Depot & Museum - Where once the Saluda train depot, built in 1903, received the throngs of seasonal visitors in search of good health and relaxation, it now serves as a railroad and heritage museum. Open Thurs-Sat, 12:00-4:00 and Sunday, 1:00-4:00. It is in the area between the Saluda Public Library and City Hall. Saluda Train Tales 3rd Friday, March-December 7pm.

**Green River High Bridge** - An architecturally significant historic bridge near Saluda on Highway 176 was spared from demolition and preserved for visitors to enjoy the view of the Green River.

Farmers Markets - Saluda Farmers Market held May through October, Fridays, 4:30-6:30. Located at the West Main Street parking area. Fresh produce and products from local farmers and growers. Winter Market held at the Saluda Center, alternating Saturdays, 9:00-12:00.

Saluda Center - A non-profit organization integrating services for senior citizens with cultural and community activities and events. The center hosts art exhibits with receptions, bridge and dancing lessons, movie matinees, guest speakers, and hosts a monthly community potluck with entertainment.

**Bench Sitting** - Favorite pastime on Main Street. **Robinson Gardens** - Community gardens on the corner of Henderson and Poplar streets.

**Saluda Library** - Full-service branch library, located at the north end of Saluda's main street. Offers books, DVDs, magazines, public computer access, free Wi-Fi, and more.

**Saluda School** - Saluda Elementary is a National Blue Ribbon school and was chosen to serve as an A+ Case Study School for the NC A+ Schools Program! Pre-school to 5<sup>th</sup> grade.

**Saluda's Dog Park** - Sponsored by the Saluda Community Land Trust to provide a green area within the city limits for dogs to socialize and exercise.

### **After Hours Entertainment**

**Purple Onion Café and Coffeehouse** - On Thursday, and Saturday nights, enjoy live music by well-known regional performing artists playing jazz,

blues, folk, Americana, rock, and all types of music. Offers a variety of ethnically inspired dishes with an emphasis on the Mediterranean's simple, healthful cuisine and a focus on freshness and local produce. **Saluda Outfitters** - Live music every Friday and Saturday on the outdoor deck or from inside Green River Eddy's Tap Room with special events as scheduled.

**Green River BBQ** - Enjoy outdoor dining with your pets in their "barking lot."

Green River Brew Depot - This comfortable tap room is conveniently located in Historic Downtown Saluda just behind Saluda City Hall. Features twelve craft beers from the western North Carolina area on tap and a number of bottled selections. Also offers a respectable selection of wines. Events include live music, art pop-ups, and sports on the big screen.

#### **Recreation & Outdoor Adventures**

To view trails and locations for hiking, road biking, campgrounds, and whitewater adventures, stop by the Visitors Center downtown.

**McCreery Park** - Children's playground, gazebo, and picnic shelter in downtown Saluda.

**Pace Park -** Personalized brick walkway that is a city fundraiser project in the alley between M.A. Pace General Store and River Dog Run.

**Green River Adventures** - Guided and self-guided inflatable kayaking down the Green River and waterfall and rappel guided tours.

The Gorge™ Zip Line Canopy Tour - Begin your 2 ½ hour trip perched on the rim of the famous Green River Gorge and plunge into untouched wilderness - featuring 11 zip lines, sky-bridges, and 3 free-fall rappels. THE GORGE drops an unprecedented 1,100 vertical feet from start of finish, with 90 mile panoramic views - overlooking 18,000 acres of Green River Gamelands.

Hiking and Waterfalls - Pearson's Falls, Little
Bradley Falls and Green River Cove Trail. Saluda
Community Land Trust trails: The Missing 40 and
The Bradley Preserve, Palmetto Trails: Poinsett
Passage Reservoir and Saluda Mountains Passage.
Several walking tours are available at saluda.com
and Saluda Adventure Guide.

**Birding, Wildflower Walks, Scenic Views** - Several trails to view migrating birds and wildflowers. Scenic panoramic vistas of the Green River Gorge, Saluda Mountains, and 60+ mile long range views of the Blue Ridge Mountains.

**Tubing** - Whitewater tubing at its finest on the lower Green River! Enjoy cool water and a tubing experience unlike any other in the southeast! Affordable fun for everyone! See the Outdoor Adventures & Recreation section of the directory for tubing providers.

**Campgrounds** - Wilderness Cove Campground and Orchard Lake Campground.

**Fishing** - Fishing in the Pacolet and Green Rivers. (NC fishing regulations can be found by visiting www.ncwildlife.org

**Walking Tours** - Guide to historic buildings in the Historic District. Pick up a map from the Visitors Center or businesses.

### **SALUDA BUSINESSES**

Area Code in Saluda is 828, Zip Code is 28773

#### Food & Drink

**Apple Mill Market** - 1347 Ozone Dr., 749-9136, ncapplemill.com

Atkins Orchard - I-26 Exit 59, 749-2111, atkinsorchard.com Azalea Bistro - 40 E Main St., 769-9022, azaleabistro.com Green River BBQ - 131 Hwy 176, 749-9892, greenriverbbq.com

Green River Brew Depot - 26 Church St., 769-9033
Green River Eddy's Taproom - (Saluda Outfitters) - 435
Main St., 848-4060, saludaoutfitters.com

Historic Thompson's Store - 24 E Main St., 749-2321 Mewdlic's 171 E Main St. (Nostalgia Courtyard), 749-9463, mewdlic.com

Newman's Restaurant at Orchard Inn - 100 Orchard Inn Ln., 749-5471, orchardinn.com

Purple Onion - 16 E Main St., 749-1179,

purpleonionsaluda.com

**The S.P.O.T** - 101 E Main St., 769-9001,

thespotsaluda.com

**Saluda Sweet Shoppe -** Benefitting the Saluda Historic Depot, 32 W. Main St., saludahistoricdepot.com **Subway -** 1484-A Ozone Dr., 749-3650, subway.com

Wakey Monkey - 18 Church St., 769-9040

**Ward's Grill** - 24 E Main St., 749-0204

Whistle Stop Pizza & Wings, 1487 Ozone Dr., 828-388-2653, saludawhistlestop.com

Wildflour Bakery & Cafe - 173 E Main St. (Nostalgia Courtyard), 749-9224 & 749-3356, wildflourbakerync.com